



STUDENT MANUAL MODULE 3 BREAKING AND BREACHING

TERMINAL OBJECTIVES

The student shall properly breach, break, cut and burn to gain access through concrete, steel or other structural components during rescue operations in heavy floor, heavy wall, steel and concrete structures

ENABLING OBJECTIVES

- Correctly identify types of concrete and their components
- Identify concrete components and their importance to systems design
- Understand their importance during collapse rescue operations
- Identify concrete construction types
- Understand the properties, strengths and weaknesses of concrete and its components
- Correctly select tools or tool packages for rescue operations
- Identify functional parts of an exothermic torch
- Identify functional parts of an oxy-acetylene and oxy-gasoline torch
- Effectively trouble shoot each tool as needed



Terminal Objective

- The student shall properly breach, break, cut and burn to gain access through concrete, steel or other structural components during rescue operations in heavy floor, heavy wall, steel and concrete structures

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Enabling Objectives - 1

- Correctly identify types of concrete and their components
- Identify concrete components and their importance to systems design
- Understand their importance during collapse rescue operations
- Identify concrete construction types

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Enabling Objectives - 2

- Understand the properties, strengths and weaknesses of concrete and its components
- Understand and properly apply relief cuts, stitch drills, bevel cuts, anchors and tool support systems
- Correctly select tools or tool packages for rescue operations

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Enabling Objectives - 3

- Identify functional parts of an exothermic torch
- Identify functional parts of an oxy-acetylene or oxy-gasoline torch
- Effectively trouble shoot each tool as needed

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Why do we Breach, Break, Cut & Burn?

- To gain access to entrapped victims
- During search operations to create openings
 - For rigging slabs
 - For debris removal
 - For anchoring operations
- To create voids and pathways
- For construction of needed items (welding, burning, etc.)

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CONCRETE AS A MATERIAL

History

- Initially the Romans used a cement to make concrete. They used Pozzolan Cement made from volcanic ash, sand and lime. These raw materials were simply ground together to make the cement, and they mixed their cement with broken stone and brick to produce concrete.
- In 1824 Joseph Aspdin a brick mason from Leeds, England took out a patent on a material he called Portland cement. Aspdin is generally credited with inventing a method for proportioning limestone and clay, burning the mixture at a high temperature to produce clinkers, then grinding the clinkers to produce a hydraulic cement very similar to that used today.

Hydration

- When cement and water are mixed they form a paste. It is this paste that binds particles of aggregate (sand and stone) together to form concrete.
- The reaction of cement and water is exothermic; heat is generated during the reaction. Depending on the type of structure, heat can be an advantage (thin concrete) or a disadvantage if excessive (thick concrete). This hydration reaction can last for years if the concrete is very thick and has moisture i.e., Hoover dam. Generally, however, a slab or driveway of concrete will cure to its rated strength in about 28 days.

Concrete, Mortar and Grout

- When cement and water are mixed together with sand, broken rock or gravel (aggregate) we have concrete.
 - Mortar is usually made by mixing portland cement and water with sand, and lime. The lime makes the mix take on a buttery texture, which is especially helpful when bonding blocks and bricks together.
 - Grout is a mixture of portland cement and water with sand, and sometimes pea gravel. Grout is usually proportioned to be quite fluid when it is used for filling voids, but may be made to be more buttery (without pea gravel) when used in grouting tile.

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Concrete, Mortar & Grout

- In order to form Concrete we must mix cement and water with sand and gravel
 - Sand & gravel = aggregate
- Mortar is made by mixing cement & water with sand, often lime is added
 - Used when bonding block or brick together
- Grout is also made using cement/water + sand and sometimes pea gravel
 - May be mixed to be quite fluid, as when filling voids, or may be mixed stiff as when grouting tile

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Hydration

- When Portland Cement contacts water its called hydration
- Hydration creates a water cement paste, which in turn, holds the aggregate (sand & rocks) together.
- This paste and the aggregate forms Portland Cement Concrete, usually just called "Concrete"

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Reaction Issues

- The reaction of water and cement is exothermic – generates heat
 - In thin concrete heat is an advantage
 - ◆ It allows the reaction to keep going at cooler outside temperatures.
 - In thick concrete heat is a disadvantage
 - ◆ It can cause the reaction to proceed too quickly with the potential of reducing strength
 - Hydration can last for years depending on the thickness of the concrete
 - ◆ Hoover Dam took many years
 - ◆ A driveway will cure in less than a month

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Components of a Cement

- Cement
 - Fine gray powder that contains limestone, clay, fly-ash and gypsum
 - ◆ When airborne, the silica contained in some of these components is a respiratory hazard.
 - ◆ Inhaling the dust from cutting concrete will cause damage to one's lungs
 - It is cumulative, irreversible, and deadly

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Types of concrete

- People often misuse the word cement and concrete. Cement is a fine gray powder, and once mixed with water, sand, gravel or stone becomes concrete. The strength and durability of concrete depend chiefly on the amount of water used. If too much water is used the cement paste will be too weak to hold the aggregates together. Generally, within limits the less water used the stronger the concrete.
- There are a variety of concrete types. These depend on the aggregate used, the amount of water added and ultimately the end use required of the concrete.

Definitions

Concrete is made from many materials; The following are definitions that are standard within the industry.

- Portland Cement
 - A fine gray powder, it is mixed with water and aggregates to form concrete.
 - Portland Cement is the most commonly used cement, it is hydraulic cement, which means it hardens after the addition of water.
- Concrete
 - Is fire-retardant, watertight (if not cracked), and comparatively cheap to make
- Aggregates
 - Materials mixed with cement to make concrete, these may be fine or course
 - The type of rock can have an effect on the strength of concrete.
- Fine aggregates
 - Usually sand. The harder the sand the stronger the concrete
- Course aggregates
 - Crushed stone, gravel, cinders, shale, lava, pumice, vermiculite, etc.
 - Hard rock like granite or limestone produces the strongest concrete
 - Softer rock, found in old river bottoms produces weaker concrete that shrinks and cracks more.



Properties of Concrete

- An understanding of basic weight is important
 - Cubic foot of normal concrete weighs about 145 lbs.
 - Add 5 lbs for rebar, call it 150 cu.ft.
 - Important to be able to calculate weights for moving or lifting concrete
 - Columns and beams usually have higher concentrations of rebar, so may more
 - ◆ This may be important to know is one is lifting these members with a crane that is working near maximum capacity

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Concrete Design Issues

- Concrete engineered to perform a specific task
 - Requires design specific criteria
 - If contractors "cut corners" integrity and strength of concrete are compromised
 - ◆ Example: More water less strength

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Concrete is a system of component parts

Standard Definitions

Portland Cement	Concrete
Aggregates	Fine Aggregates
Course Aggregates	Cracking
Spalling	Explosive Spalling

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Definitions (continued)

- Cracking (see detailed discussion in SCT01c, Part 4)
 - May be caused when concrete cures (dries) if too much water has been used
 - May be caused by extreme changes in temperature as concrete expands, then contracts.
 - Cracking is also caused by tension stresses that occur when concrete is exposed to extreme forces
- Spalling
 - The loss of surface material when concrete is subject to heat or the force of breaking and breaching. It may be due to the expansion of moisture in the concrete or improper consolidation during the pour.
- Explosive spalling
 - The violent projection of concrete. Heat or a portion of concrete being “sheared” by a tool may.

TYPES OF CONCRETE CONSTRUCTION

- Concrete can be used in a variety of structural members. The strength of the member is dependent upon construction. Obviously if you are expecting a portion of concrete to be used as a load bearing member it had better be engineered for the job. Depending upon the US&R mission you may be faced with a variety of different construction formats. Knowing how to identify each, what the properties of each are and establishing a best method scenario to breach and break provides you with a tactical edge.
- There are two types of reinforcement used in concrete systems. Rebar and Steel Cable. This is a composite material of steel (rebar) or steel cable and concrete. Steel provides the tensile strength that concrete alone lacks. In some cases, steel can add some compressive strength.
 - Rebar: these are low carbon steel bars that are similar to structural steel (beams, angles, etc). The bars have deformations that enhance the bond between the bar and the concrete. The bond is essential for the rebar and concrete to act together to resist loads
 - High strength cable (usually in a 7-wire twisted configuration) may be: bonded to the concrete, as in pre-cast pre-tensioned applications, or unbonded as in cast-in-place, post-tensioned applications. This will be discussed next

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Standard Definitions

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Reinforcing Steel-Deformed Bar

- Rebar sizes
 - Varies from 3/8" to 2 1/4" diameter
 - Size is given as the number of eighths in diameter
 - ◆ #3 = 3/8, #8 = 8/8 = 1", #18 = 18/8 = 2 1/4"
- Rebar weight per foot
 - #3 = .38lb, #8 = 2.67lb, #18 = 13.6lb
- See Student Manual



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Reinforcing Steel-Cable

- Cable size & configuration
 - Most are 1/2" diameter (some are .6" dia)
 - Usually 7 strand cable



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TYPES OF CONCRETE CONSTRUCTION (continued)

■ Concrete construction can be broken down into the following two types.

- **CAST IN PLACE:** This is concrete that has been poured in the location in which it is expected to remain. This could be a patio porch, a foundation for a house or the complete structure for a multi-story concrete building. For concrete buildings the concrete is poured in stages: walls and columns, then floor slabs and beams. This sequence is repeated at each story on multi-story construction. Cast in place concrete will often have rebar used as the reinforcing steel, and by the nature of its construction sequencing, it becomes a very well connected structure. Post-tensioned cables may be used in CIP concrete constructed (explained as follows)

Post-tensioned: In this case high tensile strength steel cables or bars are encased in tubing (casing) and greased to prevent adhesion between steel and concrete, positioned in the forms and then the concrete is poured. After the concrete is set and reaches a specified strength the steel is stretched and anchored at the ends of the slab or structural member. Examples include floor slabs in concrete high-rise buildings and parking structures. Note that the grease also provides protection from rust, etc.

- **PRECAST:** This is concrete, which has been cast at a location other than the place it is to remain. These could be at the construction site, as in tilt-up walls, or could be cast at an off-site pre-casting facility, and then trucked to the construction site. Precast concrete may be constructed with rebar or pre-tensioned reinforcing (or both). The inherent weakness of precast systems is their connections. Since most PC sections are heavy, their connections must be tough and ductile

Pre-tensioned: High tensile strength steel strands (cable) are stretched inside the concrete member. Concrete is then placed into these very strong steel forms built around the strands. As the concrete sets it bonds to the tensioned steel. Pretensioning is done in a plant and the completed unit is shipped to the job site.

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Two Types of Reinforced Concrete

■ CAST-IN-PLACE	■ PRE-CAST
● CIP	● PC
● Rebar	● Rebar
● Post-tensioned	● Pre-tensioned
◆ Discussed later	◆ Discussed later

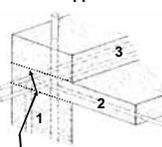
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Cast-in-Place (poured in stages)

- **Stages**
 - 1 = Lower wall
 - 2 = Floor
 - 3 = Upper wall




Construction Site
Lower walls + 2nd & 3rd Fls are poured
Rebar is extended up into 3rd story walls
Some 3rd story wall are being poured

Clean joints are critical

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Pre-cast Construction

Walls & Slabs

- **Connections**
 - Welding of embeds
 - Bolting
 - Bearing on walls or corbels



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Pre-cast Concrete

On-site Tilt-Up

- **Connections**
 - Welding of embeds
 - Weld splice of rebar at top
 - Bolting
 - Bearing on grout pads
 - Dowling



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TYPES OF CONCRETE CONSTRUCTION (continued)

- Some structures may contain a mixture of precast and cast in place concrete. A common configuration is to erect precast columns and beams, and then cast in place the slab. These structures are usually better than all PC structures, since the CIP concrete tend to better tie them together
- Pre-cast curtain walls are used to provide the enclosure of steel and/or concrete frame type buildings. This type of facing wall has performed well in earthquakes, since many are installed with brittle connections. They are fairly rigid and without ductile connections, the earthquake shaking can overload the connections and cause the relatively heavy panels to fall.
- Some curtain walls, especially in earthquake prone areas may be made of Glass Fiber Reinforced Concrete. This material is light weight (3/4" thick) and very tough (like the hull of a fiberglass boat). The GFRC is mounted on metal studs in the factory and connections are easily made in the field.

PROPERTIES OF CONCRETE

Weight

- Understanding of concrete weights is important to rescue personnel, both operationally and for your own safety. One should know the weights of the concrete that is being cut and lifted-out, and any piece that is being lifted.
 - Most reinforced concrete weighs about 150 lb (145 for concrete & 5 for rebar). Concrete wt = 150 pcf
 - Concrete Beams and Columns have a greater concentration of rebar, and may weigh up to 180 pcf. This must be taken into account when planning to lift the concrete, especially with a Crane. The US&R Structures Specialist should be asked to help with these calculations

Strengths and Weaknesses

- Like all building materials, concrete has its strengths and weaknesses. Knowing these and taking advantage of the weaknesses while avoiding concrete's strengths will enable you to speed your breaching times and enable you to apply techniques suited to type of concrete you will be faced with.

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Mixed Concrete Construction
PC Columns, Girders,
& Double Tees
CIP Walls



4-Story Parking Structure

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Pre-cast Curtain Wall
Non-bearing, hung on Steel frame

- **Connections**
 - Welding of embeds
 - Bolting
- **Often perform badly in earthquakes**
 - May have brittle connections
 - Dangerous falling hazards



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Pre-cast Curtain Wall? NO!
Its Glass Fiber Reinforced Concrete -GFRC

- **Connections**
 - Usually mounted on metal studs
- **Light weight and more ductile**
 - Light weight - 3/4" thick
 - Very tough
 - Post 1970 buildings



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Basic Forces Applied to Concrete

- **Compression**
 - Is strongest property
 - Direct loads walls and columns
- **Tension**
 - Weakest property
 - Reinforcing steel provides for tension
- **Shear**
 - Weakness is in diagonal tension
 - Get X cracking in walls – need rebar to resist the tension

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Strengths and Weaknesses (continued)

- There are three basic "forces" which we should be concerned about when dealing with concrete, tension, shear and compression.
- As discussed earlier concrete is actually a mixture of materials. This mixture provides its strengths and enables us to use it in different forms of construction. Concrete is strong in compression but weak in tension and shear. These general characteristics explain the need to add reinforcement to load bearing concrete components.
- A backyard concrete patio , with no or wire mesh reinforcement, is reasonable serviceable as long as its soil and drain-rock base are stable. It loaded with nominal loads that are delivered into its base. If we lift this slab up on blocks and jump up and down on it or strike it with a sledge hammer (placing it in tension and shear) it would fail.
- Concrete used in load bearing walls, floors, or columns requires the addition of materials, typically rebar to provide tensile strength and the ability of the concrete to withstand the forces of shear. If you were to remove or damage the reinforcement(s) you would effectively have nothing but dead weight. In this case, both elements are equally important failure of any element or removal of any element results in system failure.
- An example of using this knowledge to effectively breach is using a saw to create relief cuts or a breaker/drill to create "stitch" drill holes.

Effects of Environment and Chemicals on Concrete

- Any number of factors can effect concrete. Under these conditions concrete may be subject to early failure or weakening.
 - A harmful reaction between minerals in the aggregates
 - Exposure to groundwater, seawater, or industrial chemicals
 - Repeated cycles of freezing and thawing
 - Inferior concrete resulting from inferior materials, high water-cement ratio, low cement content, inadequate agitation, compaction, and lack of curing.

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FEMA

Basic Forces Applied to Concrete

- **Compression**
 - Is strongest property
 - Direct loads walls and columns
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- **Shear**
 - Weakness is in diagonal tension
 - Get X cracking in walls – need rebar to resist the tension

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REBAR AND REINFORCING

General Steel Properties

- Steel rebar and a variety of other steel products are used to provide reinforcing strength to concrete structures. Deformed round bars are the most common types to be found and range in sizes from 3/8" to 2 1/4" diameter.
- Rebar is found in almost all concrete used in construction as a method to provide shear and tensile strength. Failure or breaking away of the rebar by either mechanical forces or natural forces will result in failure of the concrete.

Placement of Rebar in Concrete Structures

- Rebar may generally be located in specific locations in certain types of construction. Not only can we predict the location but also the size and thickness of the rebar associated with each type of structural member.

■ WALLS:

- For thickness up to 8 inches will have one layer of bars, which will occur at the center of the wall. Spacing usually occurs from 8 to 16 inches each way. (vertical and horizontal). Bigger bars are normally added adjacent to the openings and will extend beyond edges of openings. There may even be diagonal bars at corners of openings.

- Walls over 8 inches thick should have two layers of rebar, each about 1" clear of the surface. Spacing of each layer is 8" to 16" each way. Each bar will be 3/8" to 3/4" diameter.

■ ONE-WAY SLABS:

- These normally span 8 to 20 feet between parallel beams and are from 6 to 10 inches thick. Normally bars near top and bottom of the slabs occur about 1" clear in each case. Bars may vary from 1/2" to 3/4" in diameter. Bottom bars extend throughout the slabs each way. In the short direction they are spaced between 4" to 12". In the long direction they are spaced 10" to 18".



Placement of Rebar

Depends on type of Structural Member

- Walls
 - One way slabs
 - Pan joists
- Flat Slabs – (beamless slabs)
 - Two way slabs on columns
 - Usually have thickened slab at columns = Drop Panel
- Beams and Girders
- Columns

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Walls

- Up to 8" thick
 - #4 @ 12" o.c. in center of wall
 - Larger bars at edges of openings & wall edges
- Over 8" thick
 - #4 @ 12" o.c. at each face
 - Larger bars at edges of openings & wall edges
- There may be many exceptions



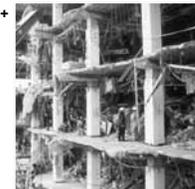
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One Way Slabs – up to 20ft span

At OKC the supporting beams span between columns

- Thickness varies 4" to 14" +
- Bottom Bars
 - #4 or #5 @ 12" o.c. in direction of span
 - #4 @ 16" o.c. perpendicular and just above
- Top Bars
 - #4 @ 12" o.c. centered over beams
- There may be exceptions



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REBAR AND REINFORCING (continued)

Placement of Rebar in Concrete Structures (continued)

■ PAN JOISTS:

- These are deep concrete ribs that are usually about 6" wide and are spaced 24" to 36". The bottom bars may be two 1/2" or 1" diameter bars. The top bars are two or four 1/2" to 3/4" bars placed in the slab above the rib and parallel, these run about 4 inches or so apart and are 1/2" clear from the top.

■ TWO-WAY SLABS — FLAT SLABS (solid, two way slabs supported only by columns – beamless slabs):

- These slabs most often have a drop panel (section of thicker concrete at each column, in order to reduce punching shear stress)
- Normally these bars are similar to one way slabs except some top bars may extend through out the slab and will vary. Bars are usually 1" clear from the top and bottom of the slab. Bottom bars range from 1/2" to 3/4" diameter with spacing from 4" to 12". Top bars are most closely spaced over columns and have the same spacing in each direction.

■ TWO-WAY SLAB — WAFFLE SLAB: (slabs that are poured over square, steel voids so that ribs are formed in the concrete, The voids are omitted at and near the columns, in order to allow the full thickness of the concrete to resist punching shear stresses)

- These are the same as two-way flat slabs except the bottom bars are found only within the ribs and about 1" from the bottom. The ribs are typically 6" wide and spaced between 24" and 48".

■ TWO-WAY SLAB — LIFT SLABS: (slabs that are uniformly thick with no vertical projections)

- This type of construction has lost favor since a spectacular collapse in 1987.
- The slabs are all poured in a stack on the ground floor slab, cured, and then lifted into place by a series of jacks (one placed on each column)
- These slabs most often were post-tensioned and the cables drape from near the top of slab over the columns to near the bottom at mid-span

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Reinforced Concrete Pan Joists
Showing the metal pan forms

- **Bottom bars**
 - #6 or larger in rib
- **Top Bars**
 - 2 or more #5 or larger aligned w/ rib
 - Centered on supporting beams and walls



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Flat Slab w/ Rebar
2-way slab w/ large drop panels

- **Top & Bottom bars**
 - #5, #6 @ 4" to 12" o.c. each way
 - Closest spacing is centered on columns, each way
- **Many variations**
 - Thickness varies from 8" to 14"



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Waffle Flat Slab
2-way ribs w/ no drop panels

- **Bottom bars**
 - #6 or larger in ribs each way
 - May be 2 bars each rib
- **Top Bars**
 - 2 or more #5, or larger aligned w/ rib each way
 - Centered on columns each way



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Lift Slab Construction
Thin Flat Slabs w/ 1/2" cable (rarely built since 1987)

- **Post-tensioned sys**
- **Cables are draped**
 - Near top at centers of columns
 - Near bottom at mid-span, each way
 - 6" to 24" spacing
- **May be added rebar at top centered on columns each way**



1987 Collapse



REBAR AND REINFORCING (continued)

Placement of Rebar in Concrete Structures (continued)

■ BEAMS AND GIRDERS:

- These usually are 12" to 24" wide and 18" to 36" deep. There are usually two to six bottom bars that are from 3/4" to 1 1/4" diameter and placed within 2" of the bottom. More bottom rebar occurs in the mid 2/3rds of the span. There may be two to eight top bars, also 3/4" to 1 1/4" diameter placed in the slab above the beam and parallel to it (usually 4" or so apart). Most top rebar will be within 10 feet of the support (one-fourth of the span). You will also find vertical bars called stirrups, which extend from the top to the bottom of the beams. These range in size from 3/8" to 1/2" in diameter.

■ COLUMNS:

- Round, square or rectangular support members. Within columns are horizontal ties with usually occur about 1" from the surface and are usually shaped the same as the column. (Spiral for round columns and individual square ties for square columns, but you can find spiral ties in square columns)
- Tie sizes range from 3/8" to 5/8" in diameter and the tie spacing of 2 to 6 inches for spiral and 6 to 18 inches for horizontal ties. Vertical rebar is usually placed more or less evenly around the periphery of the column. These "Verts" range in size from 5/8" to 1 1/4" in diameter. You will normally find from 4 to 8 vertical bars, but there may be as many as 18 Verts in very large columns.

Tensioning Cables vs. Steel Rebar

- As previously discussed, in some instances concrete will be pre-stressed by using high strength steel cables. Pre-stressing places calculate stresses in concrete to offset the tension and shear stresses, which occur in the concrete when it is placed under load.
 - The concrete may be precast and pre-tensioned, where the steel is bonded to the concrete, or
 - The concrete may be cast in place and post-tensioned, where the steel is not bonded to the concrete
 - The cables, similar to those used in suspension bridge. (called "tendons", "strands," or "cables").

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Cast in Place Post-tensioned

- Draped cable in slabs, beams & girders
- May be added rebar in beams & girders
 - #6 + Top and bottom bars
 - #3, #4 stirrups @ 3" to 16" o.c.

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Columns

- Vertical bars
 - 4 or more #6 & larger
 - At corners of square & rectangle
 - 6 or more in round
- Horizontal Ties
 - #3, #4 @ 3" to 16" in sq. & rectangle
 - #3, #4 spiral in round w/3" pitch

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Tensioning Cables vs. Rebar

- Pre-cast concrete may be pre-stressed using cables
 - Or may have rebar reinforcing steel, in one or more layers
- Pre-stressing places compression stresses in concrete to offset the tension & shear stresses which occur in the concrete when placed under load.

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Pre-stressing Cable

- The cable is high strength steel similar to those used in suspension bridges
- They are called tendons, strands, or cables.
 - Most are 7 strand cables
- If they have a casing, they are greased and used in Post-tensioning
- If they do not have casing, they are un-greased and used in Pre-tensioning

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REBAR AND REINFORCING (continued)

Tensioning Cables vs. Steel rebar (continued)

- Consider a row of books side by side. As a beam it will fail of its own weight without any added load due to the lack of shear resistance between the books. Drill a hole through the row of books laterally, pass a wire through the books and tighten the wire against the end books. The row of books would be compressed by putting tensile stress in the wire and compression in the books.
 - This beam could be placed across 2 chairs and loaded. The beam has been prestressed sufficiently to counteract the stresses placed on it by the load.
 - The prestress cable is normally placed in a draped configuration. The cables are proportioned so that they “balance” the weight of structure they support
 - This is similar to the way a suspension bridge cable is draped to carry the load of a large span
 - In precast, prestressed concrete the, the cables are “harped”, held down in two places, as shown in the adjacent slide, since this is the only way the pretensioned bar will not remain straight
- These cables need to be identified early to assure the rescue team can recognize the difference between the cables and rebar. Cutting of cables can result in the immediate failure of slabs or structural members in both Precast, Pre-tensioned Concrete and Cast in Place, Post Tensioned Concrete. The Structures Specialist should be consulted to help this I.D.
 - When post-tensioned cables are installed they have at least one end that must be stressed (pulled) using a special hydraulic jack.
 - Adjacent slides indicate what a typical end anchor looks like, before and during the stressing process.
 - After the cable is stressed and the conical wedges are inserted to “capture” the cable in the anchor cone, the cable is cut-of and a circular void space, about 3” deep is left in the edge of the concrete. This void space is normally filled with dry-pack grout , and one may “read” the difference in texture of the grout finish from the surrounding, CIP concrete
 - Recognize post-tensioned flat slabs by checking the drop panels (thickening of slat at column head). If they are 3 ft or less, square, or no drop is found, the slab is probably a post-tensioned slab

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Pre - stressed slab/beam reaction Called “Load Balancing”

1. Cables are draped
2. When they are tensioned, beam is lifted
3. Weight of beam acts to balance the lift

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Pre-cast, pre-tensioned

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Pre-tensioned cables bound to conc.
Not as large a cutting problem for US&R

Pretensioned cables in draped position

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Post-tension Anchor System

- Steel anchor w/ cone is cast at edge of slab
- Cable extends through anchor
- Jack pulls-out cable and inserts conical wedges to grip cable

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I.D. of Post-tensioned Concrete

- **Consult your Structures Specialist**
- Can often I.D by shape of flat slab systems
 - Thin slab with small or no drop panels at columns
- May see projecting tendons in damaged bldg
- May be able to detect the circular pattern left by grouting the anchors
 - May be difficult due to placement of finish materials

(hard to see)

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Cutting Cast in Place, Post-Tensioned Structure

- This type of reinforcing cable usually consists of a greased, seven strand, 1/2" diameter wire in a plastic casing that is cast into the concrete. After the concrete is properly hardened, the cable is tensioned to about 25000 lb and then anchored at the exterior edges of the slab. Except in some bridges the cable is not bonded to the concrete and will rapidly un-tension if cut or one of the anchorages comes loose.
 - Post-tensioned cables can be found in beam and slab floors, flat slabs, and joist and girder floors.
- Following is known about cutting post-tensioned cables.
 - When the cable is cut near or at the end of the slab, the cable may pop out of the slab surface (above or below the slab) in the form of a loop that may be as high as three feet and as long as five feet or more.
 - When the cable is cut in the middle of the slab it will usually pop out of each end of the slab. It may extend only a few inches, but in extreme cases it may be propelled beyond the building.
 - In general the distance the cable is propelled is relative to the amount of tension, how tightly the plastic casing (sheath) is fitted around the cable, and how much grease was used.
 - It is possible that cables could pop out of the slab surface, as well as exit the end of the slab
- Generally rescue teams should not cut post-tensioned cables, unless absolutely necessary.
 - Cut them only under the direction of a US&R Structures Specialist (StS). The StS should be able to determine the location and type of cable, and if it is fully stressed
 - If you decide, to cut a cable there are two methods. (the first is preferred) After the concrete around the cable has carefully been removed, and its casing has been removed, locally:
 - Method One (preferred)** would be to use a torch to slowly heat the cable, so it will stretch and relax the tension stress. Then it can be cut more safely.
 - Method Two** would be to use carbide; circular saw to cut one strand at a time. In this process, since the strands are twisted, as one strand is cut its force is transferred to the uncut strands. Eventually a very few strands will be carrying all the force, and they may suddenly break, as the blade is engaged.

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Guidelines for Cutting Post-tensioned Systems

- Avoid cutting if at all possible.
- If cutting is necessary, be sure you consult your US&R Structures Spec.
- Tendon's reaction might be predictable based on where the cable is cut.
- Slab / beam location, damage, applied forces will impact tendon's reaction to cutting.

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More Tendon Cutting Scenarios

- In general the distance the cable is propelled is relative to the amount of tension, how well the tendon was greased, and how tightly the plastic casing (or sheath) is fitted around the cable.
 - The easier they can slide inside their casing, the farther they will go.

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Safety When Cutting Post-tension Tendons

- Use oxy-acetylene torch to slowly de-tension the tendon by heating all the strands, so they will stretch.
 - Once de-tensioned they may be cut
- Create a safety zone within ten feet each way from the tendon centerline, and that extends 100 ft from each end of the slab/beam
- Cut no more than 3 adjacent tendons in any one slab – consult the US&R Struct. Spec (StS)

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REBAR AND REINFORCING (continued)

Cutting of Post-Tensioned Structures (continued)

- To minimize the risk of injury from cutting tensioned cable during US&R operations, proceed as follows.
 - An area within ten feet each way of the centerline of the cable should be evacuated within the building.
 - The area outside the building at each end of the slab should be evacuated for a distance of one hundred feet, within ten feet of the centerline of the cable, and/or a barrier should be built at end of the slab to stop the cable's projection.
 - No more than two adjacent tendons should be cut in each direction unless the structure has been collapsed and is being supported more or less uniformly.
 - One normally may cut a few cables in several separate locations in a post-tensioned slab, however the StS should always be involved with making the decision

Cutting of Precast, Pre-Tensioned Structural Members

- These members usually consist of Beams, Single and Double Tees, and Slabs. The steel is bonded to the concrete, but the stresses are usually very high near the steel. The following is a guide to cutting pre-tensioned members. (Discuss with your Structural Engineer)
 - AVOID cutting pre-tensioned Beams, or the Stems of Tees unless they have collapsed and are supported as part of the rubble pile. (Even in that case, AVOID cutting near the ends)
 - One may cut slabs, including the very thin slabs of Tees. Since these members are usually only about four feet wide, it is best to cut access holes centered on the joint between two adjacent pieces. In this way most of the steel can be avoided.



Safety When Cutting

Post-tension Tendons

- Use oxy-acetylene torch to slowly de-tension the tendon by heating all the strands, so they will stretch.
 - Once de-tensioned they may be cut
- Create a safety zone within ten feet each way from the tendon centerline, and that extends 100 ft from each end of the slab/beam
- Cut no more than 3 adjacent tendons in any one slab – consult the US&R Struct. Spec (StS)

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Guidelines For Cutting

Pre-cast, Pre-tensioned Systems

- If cutting is necessary consult StS
- Avoid cutting Beams and Stems of Single & Double Tees.
 - May carefully cut these when collapsed and are part of rubble pile.
 - Avoid cutting near the ends (all cases)
- May cut Slabs, including Slabs of Tees
 - Cut access holes, centered on the joint between two adjacent members

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TYPES OF TOOLS AND USES

- Tools for breaching and breaking must be used in a "systems" approach. No tool will accomplish the task of breaching and breaking by itself. In order to accomplish any breaching and breaking task a team must identify the tools it will need in advance. Once identified they must be used in the appropriate manner to accomplish the operation as quickly and safely as possible.

- These tools operate from a variety of power sources. They may be pneumatic, hydraulic, fuel driven, battery, electric or manually operated

- For our purposes we will categorize tools in the following manner.
 - Cutting
 - Breaking
 - Breaching
 - Torches
 - Support

Cutting Tools

- These are tools, which are used to cut concrete, steel, wood or reinforcing bars. They come in a variety of forms and sizes with certain tools best suited for specific jobs. The following are tools that you will encounter during this course:
 - Circular saws with diamond segmented blades
 - Diamond-tip chain saws
 - Wizzer saws, electric or pneumatic
 - Reciprocating saws, electric or pneumatic
 - Chainsaws (electric and fuel)
 - Rebar cutters, manual and hydraulic
 - Hacksaws, bolt cutters, chisels
 - Hydraulic rescue tools

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Types of Tools & Applications

- Tools for beaching, breaking and burning must be applied in a systems approach.
- No tool will accomplish the task on its own
- Operate from a variety of power sources

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Five Categories Of Tools

- Cutting
- Breaking
- Breaching
- Torches
- Support

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Cutting Tools

- Circular saws with diamond blades
- Diamond tip chain saws
- Wizzer saws, electric or pneumatic
- Reciprocating saws, electric or pneumatic
- Chainsaws (electric and fuel)
- Rebar cutters, manual and hydraulic
- Hacksaws, bolt cutters, chisels
- Hydraulic rescue tools

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TYPES OF TOOLS AND USES (continued)

Breaking and Breaching Tools

- These tools are used to remove large or small section of concrete by removing it under tension or shear. Breaking and breaching tools are most effective when some method of compression relief is provided for the concrete, such as relief cuts or stitch drilling.
 - Hydraulic breakers
 - Manual, mauls and sledge hammers
 - Pneumatic chipping hammers
 - Electric rotary hammers
 - Electric demolition hammers
 - Feather and wedge sets

Torches

- These devices are used most appropriately to cut steel reinforcing, plates, beams or cables. They come in a variety of sizes and operate from a variety of different power sources. These may include the following:
 - Oxy-acetylene Torches
 - Exothermic Torches
 - Oxy-gasoline Torches

Support Tools

- These tools include all of the accessories you will need to accomplish your breaching and breaking. Without these tools your operation may not be as effective or safe. These may include:
 - Ventilation fans
 - Generators
 - Atmospheric monitors
 - Hand tools
 - Water cans, sprayers
 - Bolts
 - Lights and accessories
 - Cribbing
 - Fuel and repair tools
 - Webbing
 - Extinguishers
 - Mechanical advantage systems, and rope systems

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Breaching and Breaking Tools

- Hydraulic breakers
- Manual, mauls and sledge hammers
- Pneumatic chipping hammers
- Electric rotary hammers
- Electric demolition hammers
- Feather and wedge sets

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Torches

- Oxy-acetylene torches
- Oxy-gasoline torches
- Exothermic torches

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Support Tools

- Ventilation fans
- Generators
- Atmospheric monitors
- Hand Tools
- Water cans and sprayers
- Others

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TYPES OF TOOLS AND USES (continued)

Other Optional Equipment

- There are other tools on the market or in the trades that can be used effectively at a rescue site. They may include the following:
 - Plasma cutters
 - Exothermic torches
 - Gasoline powered breakers
 - Electric chipping hammers
 - Pneumatic breakers

METHODS TO DEFEAT CONCRETE PROPERTIES

In order to effectively breach and break concrete you must know how to apply your tools using specific techniques. These techniques are designed to defeat the structural strengths of concrete based on its construction type. Listed below are several techniques, which used together, will enhance your operational capabilities. Prior to cutting, one needs to drill an inspection hole in order to assess the hidden side and account for victim location and safety.

- **RELIEF CUTS:** (Tension & shear vs compression) These cuts are usually made with saws prevent the concrete, in which a “free edge” is being formed, from acting in compression. These may be square relief cuts, triangular or x shaped. The gap created by the relief allows you to attack an inherent weakness of concrete, which is its poor structural stability when placed in shear or tension. (shear failure in concrete is actually diagonal tension failure)
- **BEVEL CUTS:** This is an angled cut which is made during a "lift out" operation. The bevel cut allows the rescue team to cut deep within the concrete while limiting the possibility that the cut section will slip through the hole. These types of cuts are critical when cutting over the top of a victim(s).
- **STEP CUTS:** This is a cut which is used during a “lift out” operation, when the slab is thicker than what can be cut with one pass of the saw. Two cuts are made parallel to one another the width of the saw blade guard. The concrete is then chipped out between the two cuts forming a trench. This allows the saw to complete the cut through the full depth of concrete.

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Optional Equipment

- Plasma cutters
- Exothermic cutters
- Gasoline power breakers
- Electric chipping hammers
- Pneumatic cutters

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Breaking & Breaching Tools

Tools in the current FEMA cache -2008

■ Unifire Cut Off Saw	■ Bosch Brute
■ Unifire Chain Saw	■ Makita Breaking Hammer
■ Stanley System	■ Milwaukee Hammer Drill
■ Rebar Cutters	■ Die grinders
■ Sawzalls	

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Methods To Defeat Concrete

- Relief cuts
- Bevel cuts
- Step cuts
- Stitch cuts
- Bolting
- Wetting
- Burning and cutting

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Relief Cut



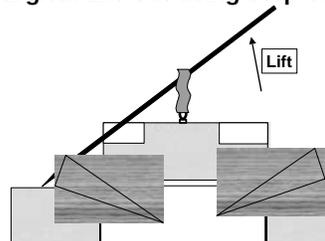
Bevel Cut



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Surgical Lift-out using Step Cut



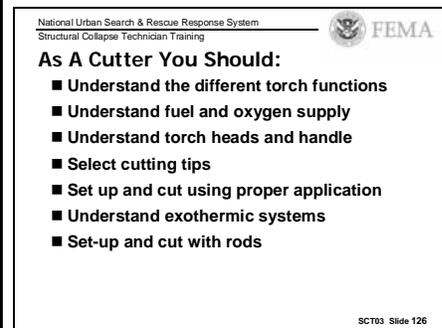
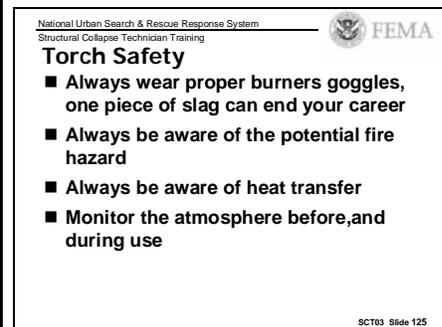
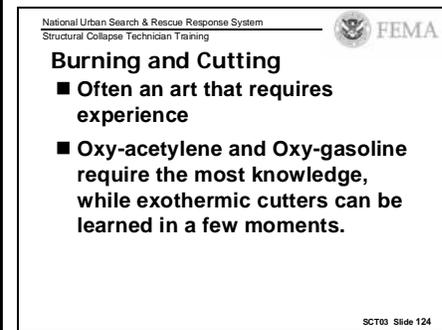
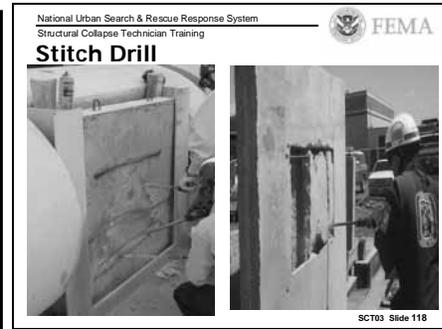
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METHODS TO DEFEAT CONCRETE (cont.)

- **STITCH DRILLS:** These are bore holes which are partially or completely drilled thorough the concrete in a close stitch pattern within a predetermined area. These holes act very similar to the relief cut, allowing you to place the concrete in shear or tension when applying a breaker.
- **BOLTING:** Bolting can be used in a variety of situations. Bolts can be permanent or re-usable. In most instances they are placed in the concrete as anchors to support either the slab portion being removed or to support a tool.
- **WETTING:** The application of water from tool attachments or from manual spray devices is often critical when using diamond saws. The application of water keeps blades and chains cool and lubricated. Which keeps the diamonds from becoming polished and ineffective. This also keeps down dust.
- **BURNING AND CUTTING:** Cutting with a torch is often an art and requires experience to become an accomplished burner. Oxy-acetylene and Oxy-gasoline requires the most knowledge while exothermic cutters can be used after only a few minutes of instruction and practice. **ALWAYS!!! Wear proper burners goggles.** It only takes one piece of slag to end a career. In some instances cutting with a torch provides the most controllable method of cutting cables and rebar. When using any torch you must be aware of the fire hazard. You must also be aware of radiant heat transfer. **Before and during operations you must monitor the atmosphere to assure you are not in, or creating a hazardous atmosphere.**

The most common method of cutting is to place the tip of the flame halfway over the edge, with the preheat flames 1/16 in. to 1/8 in. from the surface to be cut. When the flame starts to produce an orange color the metal has reached it's kindling point, slowly squeeze the oxygen-cutting lever and the process will begin. Once the cut has been started, the torch is moved with a smooth and steady motion maintaining a constant tip to work surface distance. Move the torch with a speed that will produce a light ripping sound and a smooth, steady stream of sparks.





SAFETY ISSUES

- The safety of the rescuers and support crews is critical to a successful operation. It is the responsibility of the Rescue Specialist to utilize all appropriate Personal Protective Equipment (PPE) for the task at hand. During breaching and breaking operations you may be confronted with a variety of hazards which may effect your operations. These may include but are not necessarily limited to the following:
 - Exposure to heat
 - Shifting or movement of large weights
 - Deficient or dangerous atmospheres
 - Confined spaces
 - Tool reaction
 - Materials reaction
 - Sharp objects, tools and blades
 - Trip and fall hazards

OTHER ISSUES

- Concrete movement during tool use
 - Rescuer must be aware of the ability of slabs to shift vertical lift out section to fall and the movement of concrete in large or small pieces as a result of tool reaction. You must also be aware of and anticipate tool reaction/torque during operation. The rescuer should be prepared for violent tool reactions during breaching and cutting operations.
- As in any cutting operation you must be aware and prepared for saw kickback and blade movement. During operations you must also be aware of your environment and fellow rescuers to assure you do not strike them with a running saw.

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General Safety Issues

During Tool Operation

- Exposure to heat
- Shifting or movement of large weights
- IDLH atmospheres
- Confined spaces
- Tool reaction
- Materials reaction
- Sharp objects, tools and blades
- Trip and fall hazards

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Concrete Movement

- Rescue team members must be aware of the potential for structural elements and debris to shift, fall, or explosively react during tool application and personnel movement
- Additionally violent tool movement, kickback or blade movement may occur. Be aware of your surroundings and locations of team mates

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Conclusions - 1

- We must understand properties of concrete to effectively breach and break
- We must understand and be able to identify engineered concrete systems
- We must create weaknesses in construction material to effectively breach and break
- We must understand what to break, breach or cut and what to leave alone

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Conclusions - 2

- We must apply specific tools to a specific task to be effective
- We must apply tools in complimentary packages
- We must understand torches and their applications
- We must effectively and safely set up and use torches
- We must apply effective and proven cutting techniques to be effective

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Conclusions - 3

- We must always understand the power and potential dangers of working around concrete
- We must appreciate the power and danger of our tools and torches
- We need to always consider force/counter force issues with large weights
- We must appreciate the time needed to effect these applications

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